



# Lakota Family YMCA Indoor Pool Program Schedule 11/01/2021 - 12/31/2021

Updated 09/17/2021

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Indoor Pool	12pm - 5:30pm	6:00am - 8:30pm	6:00am - 8:30pm	6:00am - 8:30pm	6:00am - 8:30pm	6:00am - 8:30pm	7:30am - 6:30pm
Bubble Pool	12pm - 5:30pm	4:00pm - 8:30pm	4:00pm - 8:30pm	4:00pm - 8:30pm	4:00pm - 8:30pm	4:00pm - 8:30pm	12pm - 6:30pm
<b>6:00 AM</b>							
<b>6:30 AM</b>							
<b>7:00 AM</b>							
<b>7:30 AM</b>							
<b>8:00 AM</b>		Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
<b>8:30 AM</b>							
<b>9:00 AM</b>							
<b>9:30 AM</b>							
<b>10:00 AM</b>							
<b>10:30 AM</b>	Swim Lessons 10:30am-11:30am						
<b>11:00 AM</b>							
<b>11:30 AM</b>							
<b>12:00 PM</b>							
<b>12:30 PM</b>	Silver Sneakers 11:35am - 12:35pm						
<b>1:00 PM</b>	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
<b>1:30 PM</b>							
<b>2:00 PM</b>							
<b>2:30 PM</b>							
<b>3:00 PM</b>							
<b>3:30 PM</b>							
<b>4:00 PM</b>							
<b>4:30 PM</b>							
<b>5:00 PM</b>							
<b>5:30 PM</b>							
<b>6:00 PM</b>	Swim Lessons 5:30pm-7:00pm	Open Swim	Swim Lessons 5:30pm-7:00pm	Open Swim			
<b>6:30 PM</b>							
<b>7:00 PM</b>		Open Swim	Water Aerobics 7:15pm - 8:30pm	Open Swim	Water Aerobics 7:15pm - 8:30pm	Open Swim	
<b>7:30 PM</b>							
<b>8:00 PM</b>							
<b>8:30 PM</b>							

\*Schedule is subject to change

\*Lakota East/West Swim Meets take place on Tuesday & Thursday evenings

