



# LAKOTA FAMILY YMCA

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Gym Schedule December 2021

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30			Silver		Silver		Lakota Bball
10:00		Silver	Sneakers		Sneakers		9:00-11:00
10:30		Sneakers	10:00-11:00	SOAS	10:00-11:00		<b>East Gym</b>
11:00		10:00-11:00	<b>West Gym</b>	10:30-11:15	<b>West Gym</b>		Y Dribblers
11:30		<b>West Gym</b>	Pickle Ball	<b>East Gym</b>	Pickle Ball		9:30-10:15
12:00			Open Play		Open Play		<b>West Gym</b>
12:30			11:00-2:00		11:00-2:00		
1:00			<b>East Gym</b>		<b>East Gym</b>		
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30				Lakota Bball			
6:00			Shock	5:30-6:30	Shock		
6:30			6:00-7:00	<b>East Gym</b>	6:00-7:00		
7:00			<b>East Gym</b>		<b>East Gym</b>		
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							

Schedule is subject to change

**See reverse side for Shock Basketball Schedule**

Direct questions regarding Gym availability to: Taylor Barreto at (513) 779-3917 or email Taylor.Barreto@LakotaYMCA.com  
Open Gym in evenings: No organized activities during open time.